



Project ReGeneration Program

Since its launch in 1999, the Conservation Corps North Bay's Project ReGeneration program (ReGen) has helped more than 700 youth gain strong work and environmental ethics, self-confidence, and leadership skills, while having the best time of their lives. The program's unique combination of environmental service, education, and outdoor recreation make it one of the North Bay's most sought-after summer youth experiences.

Each summer, CCNB operates two four-week Project ReGeneration sessions, which run from mid-June through mid-August. Sixth through ninth graders in Marin and Sonoma counties take part in the program on Monday through Friday from 8:30am to 4:00pm. The specific goals of Project ReGeneration include:

- Enhancing young people's lives, while improving local parklands and communities;
- Empowering youth with environmental knowledge, skills, and strong service/work ethics that are transferable to their homes, communities, and schools;
- Giving participants a deeper understanding of environmental issues with the goal of fostering the next generation of environmental stewards;
- Exposing youth to a variety of career opportunities and healthy forms of outdoor recreation;
- Giving ninth graders the opportunity to earn five units of Environmental Science elective credits that are transferable to their high school;
- Helping youth build the self-confidence and self-respect that ensures their future success; and
- Creating an open, accepting environment where teens from a variety of cultural and economic backgrounds work together.
- Earning a Learn & Serve America scholarship of \$500 to apply towards their higher education upon completing 100 hours of service in the program.

Project ReGeneration accomplishes its program goals by providing youth with an innovative combination of environmental service, outdoor education, and recreational opportunities in the North Bay's most outstanding natural areas. With mentoring from CCNB staff and resource management professionals, youth work in teams to each complete approximately 100 service hours on habitat restoration, recycling, trail maintenance, and other environmental projects throughout the North Bay. Project sites include Golden Gate National Recreation Area, Point Reyes National Seashore, Mount Tamalpais and Angel Island State Parks, and other natural areas. Through engaging experiential learning activities, Project ReGeneration also teaches youth about the region's unique natural environment and ways in which they can reduce their environmental/carbon footprint. Activities range from conducting residential energy and sustainability audits to touring local educational sites such as the Bay Model and the Natural History Museum to fun recreational activities such as canoeing, hiking, and a youth challenge course.

During their session, the youth teams work to design and implement their own community service project—a unique feature of Project ReGeneration that encourages critical thinking and teamwork, as well as shows youth that they have the power to make a difference in their community. On the program's last day—Summer Service Day—hundreds of youth, family, friends and community volunteers come together to complete the 14 youth-designed service projects in local communities and parklands. Nearly 400 community volunteers participated in CCNB's Summer Service Day projects every summer.

*For more information on the Project ReGeneration Program, please contact
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